



It's been a busy term at Holy Cross with lots of sporting activities taking place. We were really lucky to have good weather until quite recently but it has now turned cold and so could you please ensure that your children have suitable clothing as we continue to have PE lessons outside throughout the year.

Football Festival

On 4th October eight of our Year 5 & 6 children took part in a Football Festival at Bonus Pastor playing fields. The team played well against some very tough opposition! "I liked that we all got to play at different times, everyone tried their best and we had a good time", Joshua Y5. Well done Odion, Omor, Joshua, Fabian, Elijah, Onyebuchi, Temi and Paulius and thank you to those who came to support them.



Sports Hall Athletics

Bonus Pastor hosted a sports hall athletics festival on 6th November with events including javelin, basketball, chest push, speed bounce, long jump and running. The children all tried their hardest and were very supportive of each other. "The races were hard but I like running and we all tried our best!" Weronika Y5. Well done Issacar, Eyram, John, Weronica, Joseph, Izabella, Daniel, Joanna, Anjelica, Nina, Hugo, Millie, Farley, Mirella, Christopher & George.

Tennis Coaching

Years 1, 4, 5 and 6 have had six weeks tennis coaching from South East London Tennis.



"It was really fun. We learnt forehand shot and did warm ups. Our favourite bit was playing proper tennis. In the last week we had matches and played each other." Claire & Ada, Year 4.



Spirit of the Games

Last month we introduced the Spirit of the Games values to the children. These were developed by young people to identify what the experience of school sport and competition should be about. They are: **self belief**, **teamwork**, **respect**, **passion**, **determination** and **honesty**.

The children were great at explaining how they could demonstrate the values and we are sure they will work hard to apply them.



Swimming Lessons

Year 4 have swimming lessons throughout the year: "Swimming has been fun. We get to learn lots of things like front crawl and back stroke. I've been working on making sure I lift my elbow into the right position when I'm doing front crawl. I've definitely got better." Nate.



"I believe success is achieved by ordinary people with extraordinary determination."

Zig Ziglar

House Sports Captains

This term we appointed Sports Captains for each KS2 class – congratulations to them all!

St Bernadette:

Mirella, Louis, Emmanuelle and Giacomo

St John Bosco:

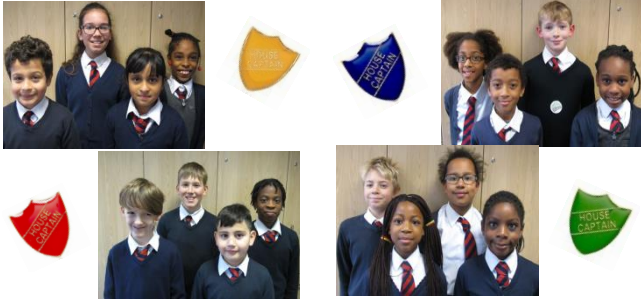
George, Issacar, Elliot and Owen

St Joseph:

Filip, Natalie, Kendra and Muna

St Theresa:

Anjelica, Kanishta, Logan and Stephanie



Walk To School Month October

Every October is International Walk to School Month, an opportunity for children to join hundreds of thousands of pupils across the globe celebrating the walk to school. We are really pleased so many of our children walk but well done to everyone who has been making an extra effort and thank you for all your fabulous posters encouraging us all. Special congratulations to Melanie, Ruairi, Virginia, Nina, Elisha and Liam!



Cheerleading

Cheerleading club is held on a Thursday after school. "I have been going for about two years, I really like it because it's fun and everyone has a laugh. I've learnt how to do cool things like climbing up on each others backs and the teachers are very nice to the children. We practise lots of things and on the last day of term we make up a routine of all the things we have done." Amber Year 6



Achievements Outside School

Congratulations to Ailish in Year 3. She recently took part in a karate competition. "We had to fight in teams. I'm a 2nd red belt. I won a trophy and a medal because I tried my best!"



Inter House Sports Competition

Throughout the school year the children take part in lots of different sporting activities during their PE lessons. They learn new games, skills and disciplines and at the end of each half term we have introduced an Inter-House competition.

Over the Autumn term the children have enjoyed, amongst other things, gymnastics, invasion games, tennis and even a Tudor dance-off!

Well done to everyone in St John Bosco who have won the Inter-House Competition this term!



Do you belong to a club or take part in sport outside of school?

If so, we'd love to hear about all your achievements, please let us know!