



Having spent most of the Spring term in lockdown we have certainly made up for it and although this Summer term has still not been 'normal' we have managed to fit so much in!

The children have been really enthusiastic about their PE lessons, they have been taking part in games and activities led at lunchtime by a coach and we all enjoyed our first Sports Week amongst other things. Although we have not been able to compete against other schools we have still taken the opportunity to challenge ourselves with personal challenges, inter-house competitions and mini tournaments to keep us all having fun and, as ever, the children have been great at demonstrating the key values which underpin all our sporting endeavours – passion, respect, self-belief, teamwork, honesty and determination.



Lunchtime Coach

Being active is so important for our children's wellbeing and lunchtime is a great chance for them to spend time with their friends. This term we have had a coach from The Skills Academy playing with the children, teaching them games they can play in small groups on the playground and encouraging them to be active whilst having fun together.



The children have really enjoyed the sessions and been keen to join in. They have also begun organising games themselves when the coach isn't there!

"I like playing with him because it's fun" Sofia

"I liked playing volleyball and tennis with him. He taught us new games." Frances, Year 3

"We do lots of activities and we all get a chance to do something." Ada Year 6

Skipping - Summer Personal Challenge

Personal challenges aren't about being the best but being the best you can. This term the children in KS1 and KS2 were challenged to see how many skips they could do in either 30 seconds or a minute. Some children were already confident but have been able to work hard and improve their scores.



Others found it more difficult but, with perseverance and practice, some more than doubled their scores – an amazing achievement! However, the skipping didn't stop there – the playground at playtime has been full of children skipping, either solo, with partners or using the big ropes to do group skipping!

"When I first started I could only do 3 or 4 but at the end I did 32!" Jacob, Year 3
I got better and better each week and I practiced at home" Virginia, Year 4

*"Play with respect.
Win with grace."
Roger Federer*



Cycle Training

Year 6 had five days of cycle training where they learned to control their bike in the playground and then had training on local streets. They were taught to cycle safely and responsibly, identify and respond to hazards, start and stop on the road, maintain a suitable riding position and share the road and communicate with other road users.



"We got to ride out on the road. It was fun. I learnt to ride with one hand so I can indicate." Elliot

Scooter Training

We are always so pleased at how many of our children scoot to school and Year 2 had training where they were given advice about wearing helmets and pads, played scooter control games and were taught pavement etiquette as well as how to identify hazards such as cars reversing from driveways and how to find a safe place to cross the road and then cross with a scooter.



"I liked having fun and learning about my scooter and asking questions." Naomi

Staff Training

It hasn't only been the children who have had training this term – the staff had a great PE training session after school one day where we all played hockey and discovered what a competitive bunch we are! Some of the classes have also had a coach working alongside their teachers this term to help support and develop PE lessons - it has been great for the staff but also for the children who have really benefitted from their expertise.



Community Cricket Sessions

Hither Green Hawks ran community sessions for 12 weeks and a number of our children attended. It has been lovely to hear how much they have enjoyed taking part and how they have been able to learn new skills, meet other children and take part in competitions.

"I've really enjoyed learning to throw the ball. You have to keep your arm straight." Chioma, Year 3



Sports Week



This year we held a Sports Week for the first time ever, giving the children plenty of opportunities to try different sports and activities as well as having sports days within their bubbles. I think it is fair to say the children had a fantastic time and we all had lots of fun!

Crossing the River

All the classes were given a challenge to work in teams and cross the 'river' with their stepping stones. It sounds easy but the teachers started taking away the stones to make it more difficult! The children worked really hard at strategising and collaborating to make sure their teams were successful and weren't daunted when things went wrong, they started again and had another go. Fabulous teamwork - well done everybody!



"We all had fun and even though we lost it was fun because Mr Foster was trying to make us fall in!"
Nylah, Year 5

Basketball

Coaches from Greenwich Titans Basketball Club ran sessions with each of the KS2 classes. The children worked on different drills and played games against each other. It was lovely to see them all so engaged and the coaches were really impressed with their energy and commented on how talented some of our children are!



"Basketball was really fun, the teachers were really nice and really encouraged me." Saoirse, Year 4
"I learnt new skills which I now use at playtime."
Marcus, Year 6

Benchball Competition

Each class held an inter-house benchball competition. The children loved playing and competition was fierce but lots of staff commented on how sporting they were and how well they worked in their teams. St Josephs were the winners but a huge well done to everyone for making it so much fun!



"Benchball was my favourite because you got to stand on the bench if you threw it and they caught it." Zara, Year 1
"I got on the bench and my friends were with me too." Sam, Year 2

Mini Euros

With all the excitement of the Euros we couldn't miss out on playing some football and each class played their own tournament, splitting into six teams and having short matches. Lots of goals and lots of teamwork!



"I liked football, we worked together and I scored 5 goals." Jayden, Year 1
"I liked passing the ball and doing mini matches." Eilish, Year 3

Sports Days

Each of our 'bubbles' held their own sports day this year as we weren't able to go to Abbotshall as usual. The children from Year 1 to Year 6 took part in a carousel of different activities where they worked against each other in teams before cheering each other on in the individual events and then finishing the day with a whole class inter-house relay! Nursery and Reception took part in lots of different races including the egg and spoon, balancing a bean bag on your head and racing through the hoops.

All the children were fabulous, tried their hardest and cheered each other on so the atmosphere at every event was just brilliant.



"My favourite was the relay race because you got to test your speed!" Dylan U, Year 4

"Everyone worked together like a team and we all had fun." Claire, Year 6

"We did some running races and played some games. I liked the running races." Clarence, Reception

St Joseph's were the overall winners of Sports Day so they receive the Sports Cup this year.

Well done to each and every member of St Josephs for all your hard work – every point counts and it is always very close!!

