



### London Youth Games New Age Kurling

The London Youth Games is an annual competition between the London Boroughs offering young people the chance to take part in around 30 different sports. We were delighted to be asked to send a team to represent Lewisham in the New Age Kurling competition!

In kurling, players slide stones towards a target to score points. 14 boroughs took part and our fabulous team from Year 4 managed to get to the semi finals! Well done to George, Joseph, Megan, Neriah, Patrick and Tobe for representing not only Holy Cross but Lewisham. Thank you also to Mrs Tullett and Mrs Howell who took them, those parents who came and our colleagues at Bonus Pastor who provided transport and support – including two of our former pupils, Macey and Amber. Thanks also to our School Games Organiser, Ashleigh who came in to give the children a coaching session before the big day!



*“We went there on a minibus and it took a long time to get there. There were lots of teams. We got in the semi finals and won the bronze medal! It was great fun!” Neriah*

*“We played with stones. I knocked people off so they didn’t score. I got a bronze medal.” Patrick*

### Tennis Coaching

Year 3 and Year 6 have had tennis lessons from a coach from South East London Tennis. This has been a great opportunity for them to develop their tennis skills with a specialist teacher.

*“We learnt how to handle the ball with a tennis racket and how to throw the ball up properly.” Chidera*

*“We learnt how to hit the ball without lots of power so it will go to the other person.” Joel*

*“We learnt the basics like the different strokes, forehand and backhand and then we learnt about serves and volleys and then we worked on our rallies. My favourite bit was the rally, I did well at that.” Keoni*



Teamwork is important because...

***“when you need a hand,  
someone will be with you”***

*Gabby, Year 3*



Please make sure children have PE kit in school every day – a white top, navy shorts, navy jogging bottoms and a pair of trainers. They should also have a water bottle to help keep them hydrated.

### Scooter Training

Year 2 enjoyed scooter training with For 2 Feet. They learnt how to check their scooter is safe, how to slow down, stop and deal with an emergency situation, pavement etiquette with pedestrians, common pavement dangers and hazards and dangers of cars in driveways and when crossing the road.



*"We learnt how to be safe on scooters. When you're crossing you stop using your scooter and walk. We went round the cones to practice. It was fun."* Harini

### Big Walk and Wheel

Over the last two weeks of March we took part in the Big Walk and Wheel which is the UK's largest walking, wheeling, scooting and cycling to school challenge. We were really pleased to see over 60% of our children and their families making active journeys during this fortnight. It is a great way for our children to travel to school, keeping them active and healthy and helping to reduce pollution in our local environment. Thank you to everyone who participated!



*"I ride my bike to school because I like doing it and it causes no pollution."* Oisín  
*"I walk to school, I get exercise"* Santiago

### Netball Club

Netball club takes place on Tuesday afternoons after school for children in KS2.



*"I have learnt about positions in netball and what each position does. I like playing with my friends."* Alicja  
*"I learnt how to play netball with the correct rules and how to pivot. I am enjoying playing netball."* Kayley

There are currently spaces in Hockey (Wed) and Senior Football (Thurs) clubs. Please contact the school office if you would like a place.

## Big Half

We have secured a small number of community places in the Big Half at a discounted rate of £10. This is a half marathon starting by Tower Bridge and finishing at the Cutty Sark Greenwich on Sunday 4<sup>th</sup> September. If you are interested in a place please contact the office.



## iMprOVE Study

Several of the children in Year 1 have signed up to take part in a research study by Imperial College which is investigating the impact of school based activity on the physical and mental health, wellbeing and educational attainment of children.

Thank you to all those families who have agreed to take part. We will be very interested to see what the results show in time.



# iMprOVE

Children in KS1 have spent this term learning simple attacking and defending skills. KS2 children have been developing their skills and knowledge in tennis, hockey and tag rugby. Year 4 have been swimming and all year groups have been learning gymnastics and dance.

Congratulations to the following children for great attitudes and effort in PE this term:

**R:** Melody, Heiden, Adriana

**Y1:** Conor, Joanne, Eliza **Y2:** David, Emily, Zachary,

**Y3:** Melanie, Elie-Marie, Marcel **Y4:** Joyce, Gabriel, Francis

**Y5:** Gabriella, Nicolas, Freya **Y6:** Betsy, Francesca, Oliver



St John Bosco were the winners of this term's Inter-House competition!

