



The summer term is always busy, busy, busy and this one has been no exception! It's been a fantastic end to our school year and we have been able to do so much that hasn't been possible in the past couple of years which has added an extra bit of joy! We hope the children have all had a fantastic time - you can see below all the wonderful things they have been doing and whilst I am sure you will all be looking forward to a restful summer holiday don't forget to keep yourselves healthy and active too – we have a wonderful borough with lots of opportunities to get out and do something even if it's just a lovely walk in the park!

Cricket Festival

Year 4 took part in a cricket festival, playing against other local schools in Forster Park. They had a great day, played lots of matches, saw their friends at St Augustine's and - although they didn't make it to the knockouts - lots of the children were proud about how well they played and worked together.

"My favourite part of the day was playing with other schools and performing for our school." Alyssa

"I think that what went well was our team working together." Jim



Gymnastics Coaching

Years 1, 2, 5 and 6 have had the benefit of a gymnastics coach working alongside their teachers this term.

"We did this scary thing where we had to walk on the benches when they were upside down. It was quite thin but the coach helped us. We did fun games and lots of jumping." Irene

"We did rolls and balancing. The coach really helped us and when we made a mistake he helped us improve it. I learnt different ways to balance and stretch properly."

Amanda



Swimming

Year 4 have been having swimming lessons at Downham Leisure Centre. *"I've learnt that you need to keep your tummy up and look at the ceiling in back stroke. The lessons were good, I was excited because you can have fun learning but you need to be safe too." Joyce*



Self belief...

"helps me try things that I have never tried before"

Lisa, Year 4



Frylands Wood

Year 6 spent a week doing various activities and on one of the days they went to Frylands Wood to try a range of adventurous activities. They took part in rifle shooting, axe throwing, an assault course and buggy building.

"Frylands Wood was a really fun place, we got to experience new things. We made a go kart out of barrels and logs with our team. We also did air rifles which is about precision shooting at a target." Muna



Diamond Club

Year 6 hosted some of the Diamond Club members for an afternoon of sports in the playground.

"The event was made to help keep them active and healthy and also to have fun. The activities included balancing a bean bag on our head, throwing a javelin as far as we could, bat and ball and throwing bean bags into hoops. Everything went very well and no one got hurt. It was an honour to host this sports day for our Diamond Club because we haven't done this in two years due to Covid. This year we hope the Diamond Club remember this day and how much fun they had." Caroline and Victor



Big Half

Some of the staff and parents from Holy Cross and St Augustine's will be running the Big Half this September. It's a half marathon starting at Tower Bridge and ending at the Cutty Sark in Greenwich. Training is underway and we're hoping to raise funds for the Royal Marsden where some of our precious children are currently receiving treatment. If you would like to support our fundraising we would be very grateful – the link is <https://www.justgiving.com/fundraising/aspirelondon>. There is currently a space available within our team – if you would like to join us please contact Mrs Stoneham.



Hockey Club

Hockey club has been running on Wednesday's after school.

"In hockey club we have learned how to dribble and play lots of games. The coach makes it fun by switching around the rules. I'm hoping to continue playing hockey when I go to secondary school or join a club." Francesca, Y3



Sports Week

We had our Sports Week towards the end of term where the children took part in different activities – archery, basketball, benchball and of course, Sports Day. They also researched the Commonwealth Games, designed medals, researched significant people from a range of different sports and had more active lessons. It was a great success and the children all had lots of fun learning new skills and putting some of the skills they already had into practice.

Archery

All the children from Y1 to Y6 had an archery session in the playground and everybody loved it!

“We did a bow and arrow and I hit the bullseye first time but it was a bit sad because the next two times I did it too strong and hit the wall, it went bam and went flying. I got 19 points because I got a 10 and then I got 9.” Aiden

“We had to put the arrow through the hole and put it on the string with one finger at the top and two at the bottom then shoot. I had done it before but I got better.” Ines



Teamwork Challenges

The children were set a variety of challenges to complete either as a whole class or in smaller teams. These activities were designed to help children work on listening, co-ordinating and strategising skills and as well as being fun, it was really interesting to see the different roles the children took on and how they worked together to achieve what they wanted.

“They were fun. We enjoyed working together as a team. If we communicated well we could complete the activity faster. My team was pretty good. My favourite was ‘pass the hoop’ because it was the easiest.” Alicja



Basketball and Benchball

Each class played inter-house competitions of basketball and benchball.

“We played a competition in our houses and all of the people were trying to get the ball off us. Nathaniel kept shooting and I tried but we missed. We practised passing to each other. Divine scored on the other team so St Bernadette won.” Jude



Sports Day

We had a beautiful day at Abbotshall, the first time we have been able to have a whole school sports day for quite some time and it was fabulous to see all the children taking part in a carousel of activities where they could practise their running, throwing, jumping and dressing skills! The final whole school relay was fantastic and it was great to see all those children taking part trying their very best for their team and even lovelier to hear all the other children, parents and staff cheering them on!

"We went to the park and we did so many activities. My favourite was the relay because I went running fast!" Malachi

"I really liked the activities and working with my team. My favourite was the relay because it was really fun." Caoimhe



EYFS Sports Day

Nursery and Reception held their own sports day with lots of activities for the children to do supported by the Year 5 children – they had a water relay, building towers, throwing beanbags among other things.

"We had water in a bucket, it had sponges. We ran to another bucket and we squeezed it." Sofia

"We were doing some sports. Running was my favourite - and jumping." Stirling



We are delighted to announce that we have achieved the School Games Gold Mark Award for the 2021/22 academic year. This is a Government-led award scheme to reward and recognise school's engagement in the School Games against a national benchmark and to celebrate keeping young people active, and we are delighted to have been recognised for our success. We are extremely proud of our pupils for their dedication to all aspects of physical activity and school sport.



Congratulations to the following children for great attitudes and effort in PE this term:

R: Francis, Cora, Emilia

Y1: Santiago, Kymani, Sofia **Y2:** Jude, Luca, Nicole

Y3: Chidera, Sena, Michele **Y4:** Faith, Jim, Tobe

Y5: Ithran, Benedict, Chika **Y6:** Owen, Stephanie, Francesca



St Theresa were the winners of this term's Inter-House competition!

Outside Achievements



Gabriella attended the Gymnastics Championship in July at the Surrey Sports Park in Guildford.



Kymani competed in a gymnastics competition and came 3rd gaining this bronze medal.



Mya went to Barcelona to compete in an U17 cheerleading competition. Her team won so became Grand Champions and hope to go to Florida to compete in an even bigger competition!



Stefan won a football tournament with his club, Lewisham Tigers.



Joseph received his new kit including the helmet which he needs as he is now playing 'hardball' cricket for Blackheath Cricket Club.



Nathaniel won a trophy for playing football for his team.



Divine won a medal playing football for Dulwich Village.



Freya and Gabriella swam in the Saxon Crown Champs. Freya came 1st and Gabriella came 2nd in the IM which is 2 lengths each of butterfly, backstroke, breaststroke and front crawl.



Irene won a medal playing tennis.



Zachary won a medal playing in a darts competition.

Lewisham Swimming: Free Top-Up School Swimming Lessons

Saxon Crown Swimming Club, funded by Lewisham Council and supported by 1Life and GLL, is providing free school top-up swimming sessions to students of Lewisham primary schools.

The sessions are provided to help swimmers achieve the National Curriculum standard in swimming, which requires children to swim competently, confidently and proficiently over a distance of at least 25 metres, use a range of strokes effectively and perform safe self-rescue in different water-based situations. The sessions are for Lewisham Primary School Pupils in Year 4 and above, and will be running at various leisure centres during the Summer holidays on the dates below:

Downham Health & Leisure Centre – Tuesday 26th-Friday 29th July & Monday 1st-Friday 5th

Session times: 12pm-12:45pm, 12:45pm-1:30pm, 1:30pm-2:15pm, 2:15pm-3pm.

Wavelengths Leisure Centre – Monday 8th-Friday 12th August 2022

Session times: 9am-9:45am, 9:45am-10:30am, 10:30am-11:15am, 11:15am-12pm

Glass Mill Leisure Centre - Monday 22nd-Friday 26th August 2022

For Non-Swimmers to Improvers only (Swim England Stages 1, 2, 3 & 4)

Session times: 9am-9:45, 9:45-10:30am, 10:30am-11:15am, 11:15am-12pm

To register interest please email: developmentofficer@saxoncrown.org.uk

Bookings can only be made via this email address, not through the centre directly. Each top up course runs from Monday or Tuesday to Friday and participants are expected to attend every day.

When registering your interest, please include the following information in your email:

Leisure centre name and, if for Downham, please indicate which week

Contact name and mobile telephone number

Your child's name, date of birth, the school they attend and their year group

Stage level of swimmer: ASA Stages 1 – 7 or equivalent, if known*

Any relevant medical information or special requirements

*If you are unsure of your child's ability, please select from the following:

Confident: can swim lengths (25m) comfortably on their front and back and in deep water, and all four strokes.

Improver: can swim comfortably on their front and back for 10m + unaided.

Beginner: comfortable in water but cannot swim on both front and back unaided.

Non-Swimmer: no or limited previous swimming experience.

NB: Please select carefully. If the wrong session is chosen, your child may not be able to swim in that session and we may not have a place available for them in the correct session.

After you apply, and if we have a place available in the appropriate sessions, you will be assigned a time slot. Session times will be based on swimming ability; therefore, you must attend the session you are allocated. This will be the same time slot daily for the week.

Helena

developmentofficer@saxoncrown.org.uk