



PE, Sport and Physical Activity News

Autumn Term 2023



Well done to all the children for your fantastic efforts this term in the PE lessons, coaching sessions, after school clubs and competitions that you have taken part in. It is always lovely to see how enthusiastic the children are and to hear them talking about all the different things they have done. Thank you also to all the staff and parents who have supported and encouraged the children, enabling them to participate in such a wide range of activities.

Sports Captains

Congratulations to the children selected to represent their house as Sports Captains, no doubt they will be great ambassadors and role models throughout the year.



St John Bosco:
Aiden, Emilja, Damiano,
Amira Rose and Patrick

St Bernadette:
Milan, Moya, Nicole,
Stefan and Sean



St Joseph:
Sebastian, Jasmine,
Jasmine, Sienna and
Francis

St Theresa:
Clarence, Matteo, Chisom,
Michele and Megan



Big Half

In September Mrs Stoneham, Mrs Parr, Ms Emaru and Mrs Gonzalez ran the Big Half in London using community places offered to the school. Congratulations to Ms Emaru who raised over £800 in sponsorship in support of the South Sudan Refugee Crisis. We are usually offered these places in the Spring Term - if you might be interested in a place for next September please let Mrs Stoneham know.



New Age Kurling

A small group of children in Years 1 and 2 hosted their counterparts from St Augustine's to learn together how to play New Age Kurling and then to practice their skills. It was a lovely morning and a great opportunity for the children to try something new and to make new friends across the Federation. Thank you to Nancy, Osinachi, Ifeanchukwu, Daniel, Heiden and Emilia for being such good hosts and doing so well at aiming for the target!



Effort In PE

Congratulations to the following children who have demonstrated so much effort this term:
Year 1: Ifechi, Beatrix, Jemimah **Year 2:** Joshua, Andy, Nicole **Year 3:** Emilja, Sebastian Santiago
Year 4: Rose, Mazin, Luca **Year 5:** Marcel, Tomi, Amira-Rose **Year 6:** Tilly, Victor, Valen



Blackheath Rugby Club Coaching and Tournament



Children in each of the KS2 classes received coaching from Blackheath Rugby Club this term for five weeks during which they learned different skills and tactics. Following this, Year 3 and 4 played in a tournament against other schools who had also taken part in the coaching programme. Unfortunately Year 5 and 6 had their tournament cancelled a couple of times due to the terrible weather. We are hopeful it will go ahead in January though!



Swimming Lessons

Year 4 have been visiting Downham Swimming baths each week. They still have another half term of lessons to go but Mrs Parr has been very impressed at how hard they have been working and the progress they have been making so well done to you all!



BBL Play Off Finals

Discounted tickets for the BBL Playoff Finals at the O2 on 19th May 2024 are available on Parentpay for £10 each.



Girls Football Tournament

St Dunstan's hosted a football tournament for Year 5 and 6 girls in Lewisham Borough. Our fabulous team worked hard together, winning and drawing their matches. Unfortunately they missed out on a place in the finals but should be very proud of themselves nonetheless! Congratulations to Lisa, Tabitha, Chioma, Alyssa, Emily, Amira-Rose and Peace.



Platform Cricket and 'Chance To Shine' Cricket

There has been lots of cricket taking place this term in school! Year 4 had weekly lessons with Platform Cricket and Years 1,2, 5 and 6 also had weekly lessons with 'Chance to Shine'. The children have been learning to bat, bowl and field and we hope that Year 4 will have the opportunity to take part in an inter-school competition later in the year.

Bikeability

Children in Year 6 took part in Bikeability training this term. They start by learning how to check their bikes are safe to use before starting a journey and progress to learning the key skills, knowledge and understanding that will enable them to cycle safely and confidently.



Junior Travel Ambassadors

We really want all our children to be able to travel to school both actively and safely. We know our children love to walk, cycle or scoot and our Junior Travel Ambassadors have been out trying to identify what can be done to help make the streets around our school safer to enable that.



OPAL (Outdoor Play and Learning)

Thank you to everyone who has donated loose parts for the children to play with at lunchtime. They really do make good use of it all! We thought you might like to see some of the photos from this term. The children are very keen to build dens – if you have anything you think might be useful for this e.g. wooden planks, tarpaulins, pegs or frames please could you let the office know.



Outside Achievements

Well done to Grace who won her Irish Dancing competition!



If you have any of the following that you no longer need or are able to source we would love to put them to good use for the children at playtime!



Plastic Crates

Shells, Pebbles



Plastic crates



Old hats/jackets for dressing up



Fabric



Plastic Tubes/
Guttering



Cooking Pots
and Utensils



Tyres of different sizes



Tarpaulins



Wooden Planks,
Blocks or Offcuts



Toy Cars & Trains



Nets Or Ropes



Wooden Pallets



Garden
Trowels and
Brooms



Buckets



Traffic Barriers



Dinosaurs/
Farmyard
Animals



Large Pegs



Traffic Cones



Suitcases & Briefcases

