

# PE, Sport and Physical Activity News

## Spring Term 2024



The children have been very busy again this term in PE lessons and also taking part in competitions against other schools. All the children who have done so have really represented the school so beautifully and it is always a pleasure to listen to them speak so enthusiastically about what they have done and how proud they are of their achievements. The weather is finally starting to warm up so please make sure your children have water bottles in school every day next term as we move into the summer.



### Tag Rugby Festival

Congratulations to the Year 5 and 6 children who finally attended the Blackheath Inter School Tag Rugby Festival in January following it being cancelled twice in December.



*"It was really good. We really enjoyed playing rugby." Sean*  
*"I liked playing against other schools." Francis*

### Big Half

Are you looking for a challenge? There are spaces available for any parents/carers who would like a space in the Big Half on 1<sup>st</sup> September. The places are normally £56 but we have them available for £10. Please contact Mrs Stoneham or the office if you are interested.



### Bonus Pastor New Age Kurling

A group of children from Year 3 attended a New Age Kurling competition at Bonus Pastor in January. They had a great time playing against many other schools in our Borough. Thank you to Timaeus, Mason and Edmyna for representing the school so well and thank you to Mrs Curras and Mrs Howell for accompanying them.

*"We did kurling with other teams. It was a little bit hard to win but we tried our best. Esa"*

*"I swam butterfly, front crawl and breaststroke. I came first in all of them. I felt really proud." Patrick*



### Lewisham Schools Swimming Gala



A team of children from Year 5 and Year 6 attended the Lewisham Schools Swimming Gala at Glass Mill Leisure Centre in March. As ever the standard of competition was very high but we have some fantastic swimmers and were very proud of all the children who took part. Thank you to Mrs Manning and Mrs Downton for giving up their time to accompany them.

# PGL

Year 6 had a fabulous trip to Kingsdown this term where they took part in lots of different adventurous and problem solving activities including archery, ziplining, scrapheap challenge, orienteering and shelter building.



*"PGL was very good. We did nightline blindfolded over an obstacle course and it was really muddy. You had to rely on each other to get through. Our favourite was the 3G swing. It was really scary but so much fun. We all wanted to go again."*  
Oriah and Lucy



## Big Walk and Wheel

We took part in this annual competition which is intended to encourage our children and families to walk, cycle or scoot to school. This helps keep us healthy, gives a great start to the day and also reduces the pollution around us. As ever, thank you to everyone who participated.

*"I like coming to school on my scooter. I like going fast. I wait for Mummy to tell me it's safe to cross the road. I look left and right first."* Nathaniel



## Outside Achievements

Well done to Nico for competing in the Kids Race at Queen Elizabeth Park, Edie for passing her ballet exam and Grace for winning a trophy in Irish dancing.



## Effort In PE

Congratulations to the following children who have demonstrated so much effort this term:  
**Year 1:** Paolo, Rosalia, Israel **Year 2:** Elodie, Francis, Shaji **Year 3:** Sebastian, Matteo R, Edmyna  
**Year 4:** Harini, Isabella, Rosie **Year 5:** Ben, Diamond, Dante **Year 6:** Mateus, Victor, Tabitha

# If you have any of the following that you no longer need or are able to source we would love to put them to good use for the children at playtime!



Plastic Crates

Shells, Pebbles



Plastic crates



Old hats/jackets for dressing up



Fabric



Plastic Tubes/ Guttering



Wooden Planks, Blocks or Offcuts



Cooking Pots and Utensils



Tyres of different sizes



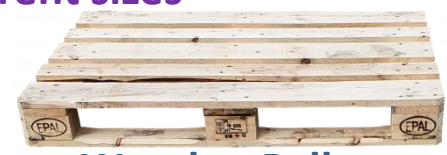
Tarpaulins



Toy Cars & Trains



Nets Or Ropes



Wooden Pallets



Traffic Barriers



Garden Trowels and Brooms



Buckets



Traffic Cones



Suitcases & Briefcases

Dinosaurs/ Farmyard Animals



Large Pegs

