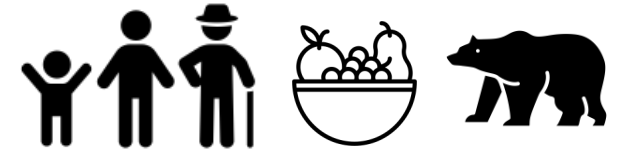


"It's surely our responsibility to do everything within our power to create a planet that provides a home not just for us, but for all life on Earth."

Sir David Attenborough

Animals Including Humans

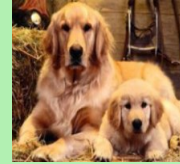
Year 2 Summer Term



Key Vocabulary

adult		The stage when you have stopped growing. Adults can have their own children or offspring.
baby		When you are first born. Babies need help in order to survive.
child		Age 3-12. at this stage you still need your parents but you are learning lots of new things!
diet		The things you eat. This can be healthy or unhealthy.
exercise		Moving your body to make your muscles move and your heart beat faster!
hygiene		How to keep clean. This is important in helping us to stay healthy.
offspring		The babies and young of humans and animals.
survival		This is what we need to do to stay alive.
teenager		The age 13-19. this is when you become more independent but you are not yet an adult! You continue to grow and your body changes.
toddler		The age 1-3. You are learning to walk, talk and how to play. You still need lots of help from your family.

How Do Animals and Humans Grow and Change?



Hygiene



Bath or shower daily.

Brush your teeth twice a day.



Wash your hands: before and after you eat, after playing and when you get home or get to school.

Exercise

It is very important that we all exercise daily. This is very important for our health. It helps us to be fit and it helps our bones, muscles and heart. Exercise is also great for our minds- it can help us to concentrate and can keep us happy as exercise is so fun!



What is your favourite exercise?

What do humans need to grow and survive?



Healthy Eating

What foods are healthy? What are unhealthy? What foods should we try to eat everyday?



Significant People



David Attenborough is a famous naturalist. He has spent his life finding out about different animals that live around our world.

What do humans need to
grow and survive?



Significant People

Can you find out three facts about
David Attenborough?